

HEART!

BOOK STUDY

with Solution Tree

Timothy D. Kanold

HEART! Book Study Overview

The book study has been organized into five sessions, each 45 minutes in length. Participants will be asked to read the assigned chapters (in advance) if possible, and come to the session ready to discuss their favorite part of the reading and learn more about the book from Dr. Kanold.

In each session, we move through the following discussion and questions with Q&A at the end.

Discussion and Questions for *HEART!*

For each book study chapter, we will examine:

What the topic is about: definition and research

Why Dr. Kanold wrote about the topic, for that section of the book

Is there evidence of that topic in your workplace?

How Dr. Kanold is addressing this topic more deeply in his next Solution Tree book, *SOUL!* (2021)

Agenda for each session:

1. What makes *HEART!* a unique book study book, for you?
2. Why I wrote the chapter we study each week, why it is in the H, E, or A sections of the book and the back story to the chapter.

Thursday, June 11 | Chapter 4: Got Compassion? Check! (H)

Thursday, June 18 | Chapter 13: Quadrant II Time Required (E)

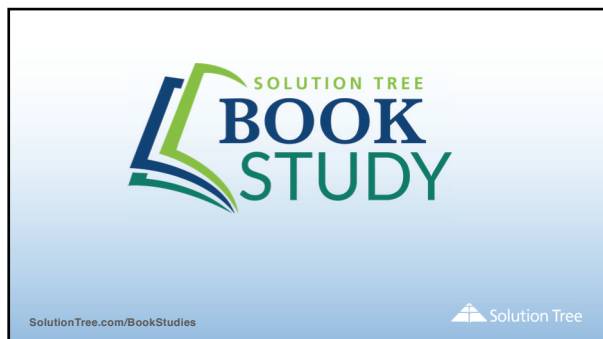
Thursday, June 25 | Chapter 16: PLCs: Serving the Greater Good (A)

Thursday, July 23 | Chapter 20: What Are Those Black Boxes? (A)

Thursday, July 30 | Chapter 7: Why Should We Weep? (H)

3. How does *HEART!* connect in your workplace culture?
4. What's next on each topic in my 2021 follow-up book *SOUL!*
5. Q & A with the participants, and anything goes!


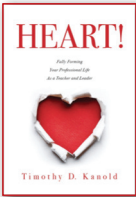
SESSION 1



HEART book Study!
Fully Forming Your Professional Life As a Teacher and Leader
June 11, 2021
Chapter 4: Compassion

"I define your *heartprint* as the distinctive impression and marked impact your heart leaves on others—your students and your colleagues, as your career and your school seasons unfold."

Timothy D. Kanold, PhD
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Chapter 4
Got compassion?
Check!




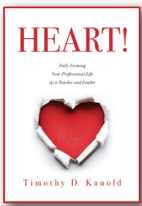

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SESSION 1

My Heartprint!

1. What makes **HEART!** a unique book study book for you?
2. Why I wrote Chapter 4—the back story
3. How does Compassion connect to your workplace culture?
4. What's next on **Compassion** in my 2021 book **SOUL!**
5. Q & A


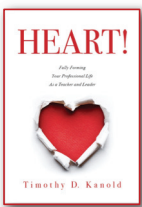






My Heartprint!

Question:

What makes **HEART!** a unique book study book for you?

- A. It is a journal book (I can write in it!)
- B. Endnotes!
- C. Backed up by research ...
- D. The Stories!
- E. Other




Chapter 4

Got compassion?

Check!

2. WHY I wrote about compassion




p.34

My
Favorite Part







3. Evidence

How is compassion modeled
and taught in your school?

Awareness *and* Action

SOUL!

**4. What will be
new in 2021?**

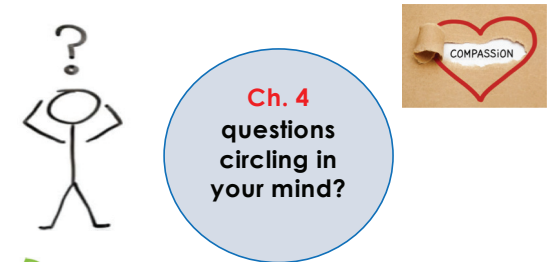
Ch. 6: No Compassion, No Soul
Ch. 12: Good Enough, For Now
Ch. 24: Mirror Mirror








SESSION 1



Ch. 4
questions
circling in
your mind?

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Our Author
Playlist


Please join me next week June 18th
Same time! For Chapter 13!
<https://bit.ly/2XUGI36>

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Thank You!

To schedule professional development
at your site, contact **Solution Tree**
at **800.733.6786**.

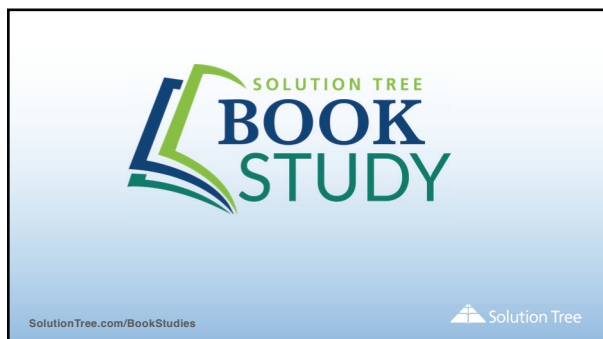


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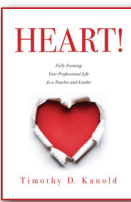
SESSION 2



HEART book Study!
Fully Forming Your Professional Life As a Teacher and Leader
June 18, 2020
Chapter 13: Quadrant II Time Required

"I define your *heartprint* as the distinctive impression and marked impact your heart leaves on others—your students and your colleagues, as your career and your school seasons unfold."




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Twitter: @tkanold



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Chapter 13
The Quadrant II Life




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SESSION 2

My Heartprint!

1. What makes **HEART!** a unique book study book, for you?
2. Why I wrote Chapter 13 - the back story
3. How does the Quadrant II connect to your work life?
4. What's next on this topic in my 2021 book **SOUL!**
5. Q & A



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My Heartprint!

Question:

What makes **HEART!** a unique book study book, for you?

- A. It is a journal book (I can write in it!)
- B. Endnotes!
- C. Backed up by research ...
- D. The Stories!
- E. Other



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2. WHY I wrote about Our energy states!

Chapter 13

Quadrant II time required!



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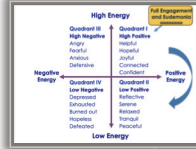
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p. 89

My Favorite Part
Lines 27-28







3. Evidence

How much time every day do
you spend in Quadrant II
Time?

SOUL!

3. What will be
new in 2021?

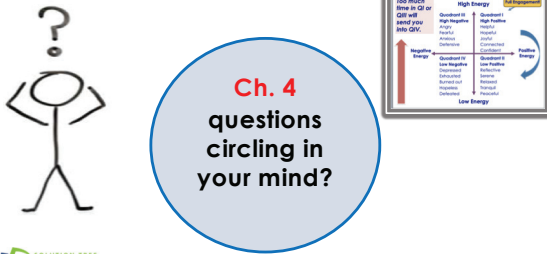
Ch. 20: The
Quietude Quest








SESSION 2



Ch. 4
questions
circling in
your mind?

BOOK STUDY

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Our Author
Playlist

Please join me next week June 25th
Same time! For Chapter 16 !
<https://bit.ly/2XUGI36>


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*Fully Forming
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as a Teacher and Leader*
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Thank You!

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