

REPRODUCIBLE

Name: _____

Date: _____

GOAL FORM: LONG-TERM GOALS

Use this form to do some long-term planning.

Steps

1. State your long-term goal (set a deadline for achieving the goal): _____

2. List some short-term goals that support your long-term goal: _____

3. Record some obstacles or roadblocks you might face in reaching your long-term and/or short-term goals: _____

4. Record some ways to overcome obstacles and roadblocks: _____

Optional

5. If you are serious about achieving your long-term goal, complete a Short-Term Goals Form for each short-term goal you listed. Ask your teacher for the necessary forms.

