

**Table 4.2: Tier 2 Menu of Response Options**

<b>Tier 2 Intervention (Will or Skill)</b>	<b>Example or Explanation*</b>	<b>Led By</b>
Social Skills Academy	Social Skills Academy is for reteaching essential behavior skills needed to ensure students demonstrate appropriate behaviors in a variety of settings, including hallways, classrooms, and the playground.	Leadership team (Tier 2 subset)
Anger management	Anger management is designed to help students struggling with anger learn new skills to self-monitor, self-regulate, and process their emotions in a healthy way.	Leadership team (Tier 2 subset)
Upstander Academy	Upstander Academy is for reteaching essential behavior skills, such as courage and leadership, to ensure students do not bully other students.	Leadership team (Tier 2 subset)
Hands-Off Academy	Hands-Off Academy is for reteaching essential behavior skills needed to ensure students keep their hands to themselves.	Leadership team (Tier 2 subset)
Organizational skills	Organizational skills are retaught so students learn the essential behavior skills needed to demonstrate self-discipline in school.	Leadership team (Tier 2 subset)
Peer mediation	Peer mediation is a method of additional peer-to-peer support opportunities using conflict resolution skills.	Leadership team (Tier 2 subset)
Structured play or recess	Structured play or recess helps students internalize their learned skills during play or recess in an organized fashion. For example, a student who is learning how to take turns may have a structured recess intervention designed to help him apply these skills during an activity or game that requires their application.	Leadership team (Tier 2 subset)
CICO Academy skill teaching component	CICO Academy is in addition to the traditional check-in/check-out intervention procedures. CICO Academy is designed for reteaching essential social behavior skills (often pulling out students) needed to ensure students can access their education by learning the skills they need to meet their CICO goals. It is best for students with repeated minor misbehaviors such as blurting out or having difficulty staying on task.	Leadership team (Tier 2 subset)
Small groups or out-of-classroom circles	Circle groups are another way of helping students process common areas of challenges or concerns, including grief, anxiety, depression, and trauma.	Leadership team (Tier 2 subset)
Behavior support plans	Behavior support plans are written with the focus on improving one or two focus social behaviors and include a teaching component of the skills necessary to master the identified social behaviors in the plan.	Leadership team (Tier 2 subset)
Friendship groups	Friendship groups teach how to establish and maintain relationships and how to resolve conflicts.	Leadership team (Tier 2 subset)

Civility Academy	Civility Academy is for reteaching students how to interact civilly and how to coexist in peace with each other. In this academy, students are taught how to practice empathy, tolerance, and learn how to listen to other perspectives respectfully.	Leadership team (Tier 2 subset)
Mentoring	Mentoring can include the support from a teacher, staff member, community member, or older student who checks in with a student about an identified area of focus.	Leadership team (Tier 2 subset)
Structured break system (development and teaching social behavior skill component)	A structured break system is for reteaching the essential behavior skills needed to ensure students demonstrate appropriate behaviors in a variety of settings, including hallways, classrooms, and the playground.	Leadership team (Tier 2 subset)
Cognitive behavior therapy group	Cognitive behavior therapy (CBT) is designed to help students who need to learn skills to help combat anxiety and depression.	Leadership team (Tier 2 subset)
Classroom circles or meetings	Classroom circles or meetings are for learning skills from each other on academic essential standards (including, for example, growth mindset strategies).	Teacher team
Structured break system (classroom teacher monitored component)	A structured break system is for reteaching essential behavior skills needed to ensure students demonstrate appropriate behaviors in a variety of settings, including hallways, classrooms, and the playground. The teachers role is to help provide the student the opportunity to take their breaks accordingly and monitor use of the plan in their classroom.	Teacher team
CICO (teacher monitored)	A CICO Tier 2 intervention requires teachers to complete a monitoring chart throughout parts of the day or class periods and to provide the student feedback regarding why the student does or does not receive points.	Teacher team
Restorative teacher or student contracts (teacher followed and monitored)	A restorative teacher or student contract requires co-developing a contract and ongoing monitoring by the teacher and student to ensure they are following their commitments to each other for classroom academic behaviors.	Teacher team
Tier 2 classroom contract	A Tier 2 classroom contract focuses on one or two academic behaviors that need improvement.	Teacher team
Homework Club	This academic standards-based support has students focus on one or two skills that help them complete homework, learn how to ask for help, and self-monitor when feeling overwhelmed.	Leadership team
Organizational skills	This academic standards-based support teaches one or two skills that aid organization.	Leadership team
Time management	This academic standards-based support teaches on one or two skills that help students manage their time effectively.	Leadership team

\*Some of these leadership team-led interventions require teachers to help monitor and provide input on how students apply their learning.