

# Ten Team-Building Activities

## Frozen T-Shirt Contest

Purchase plain white T-shirts. Roll up each separately and place each in the freezer for a few days. The day of the activity, organize teachers into groups. Each group gets a frozen T-shirt. The first group to thaw the T-shirt and have one group member put it over his or her clothes wins.

## Board Games

Bring a variety of board games (Twister, Pictionary, Clue, and so on) into a large space (such as the gym). Divide staff into groups of three or four and set up game stations so each group can circulate to play all the games as a team.

## Scavenger Hunt

Divide the staff into groups of two or three. Give each team a list of things to complete. Activities could include take a selfie outside the principal's office, take a picture of a specific spot in the school, create an art project in the art classroom, and so on.

## School Trivia

Come up with twenty questions about your school's history. For example, Who was the first principal? What month do the staff celebrate the most birthdays? What year did our building open?

## Team Mural

Divide the staff into groups of three or four, and give each team a small canvas and paint. Each team is to paint a picture that represents them. Hang all the canvases together in the front office to represent your staff.

## Getting to Know You Through Candy

Place five different types of candy on a table, and ask teachers to pick one piece. After each teacher picks a piece, share the following list and ask teachers to respond to the prompts next to the candy they chose.

- Nerds—Your dream vacation
- M&Ms—All the places you have lived
- Gum—Information about your family
- Gummy bears—Favorite movie and why
- Kit Kat—Your pet peeves

## Personality Activities

Conduct a personality assessment and carry out fun activities to demonstrate how each personality is different from others. For example, give each personality group a problem to solve to see how each group solves it such as Compass Points or True Colors.

## **Facts About You**

Place several items in a bag (anything you see around the house such as paper clips, bookmarks, plastic utensils, and so on). Ask each person to pick as many items as they want from the bag. The number of items teachers pick from the bag is the number of personal facts they need to share with the team.

## **Speed Puzzles**

Bring several puzzles (with fifty to one hundred pieces) and have each group work together to complete the puzzle quickly.

## **Show and Tell**

Have teachers bring in something of value to them or something they are proud of. Give them one or two minutes to share what they brought and why.