

Driving Force Analysis Process

Purpose Question to Improve	
Driving Forces (+) What's working in the team's favor?	Restraining Forces (-) What's working against your teams?
Actions to reduce the restraining forces: Take one restraining force and identify two actions that will change it to a driving force. 1. 2.	

Source: Adapted from Institute for Healthcare Improvement. (n.d.). Force field analysis [Video file]. Accessed at www.ihl.org/education/IHIOpenSchool/resources/Pages/AudioandVideo/Whiteboard19.aspx on October 2, 2020.