

## Figure 4.3: Video Lesson Self-Reflection

1. How long is your video?

2. What was the learning target of the lesson you recorded?

3. What did you notice on video that you did not notice during the lesson?

4. What are two or three pieces you are going to track to improve your instruction and make your class more engaging?

5. Where are you going to store this data?

6. What is one silly or strange thing you did on video that you did not know you do?