

Establishing Authentic Leadership Rating Scale

Read each statement and reflect on how you rate your authenticity. Then, determine next steps for growth in your authentic leadership.

Developing Self-Awareness	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
I self-check and respond to situations fully aware of my thoughts, feelings, and actions.				
Next Steps:				
I engage in self-talk when negative or detrimental thinking patterns emerge.				
Next Steps:				
I implement habitual practices of self-awareness such as journaling.				
Next Steps:				
I reflect on my personal strengths and weaknesses using multiple methods of assessment.				
Next Steps:				

REPRODUCIBLE

Embracing Your Core Values	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
I can identify specific ways my values influence my leadership.				
Next Steps:				
I have a list of core leadership values.				
Next Steps:				
I know what each of my values looks like, sounds like, and feels like in my leadership.				
Next Steps:				
Practicing Authentic Decision Making	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
I analyze relevant data prior to making a difficult decision.				
Next Steps:				
I seek multiple perspectives prior to making a difficult decision.				
Next Steps:				

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Increasing Transparency With Staff	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
I practice transparency that is aligned to my core values.				
Next Steps:				
I seek help when needed.				
Next Steps:				
I admit to my mistakes.				
Next Steps:				