

Remember the Joy

This tool is helpful to appreciate the joy of learning and its effects.

PURPOSE To pause, reflect, and remember the joy, creativity, delight in students' eyes, and fun of our work

PRODUCT A more joy-filled culture

PARTICIPANTS All team members

MATERIALS None

TIME Thirty to sixty minutes for each suggestion

PREPARATION While some activities may require preparation, it is the attitude that brings openness to the learning process.

PROCESS The following steps will help you bring joy to the workplace when staff are engaging in learning.

Step 1

Conduct action research and inquiry as part of your daily work.

Step 2

Use or adapt a new productivity tool.

Step 3

Keep a log to track the experiments you're running and reflect on what you're learning along the way.

Step 4

Let go of old habits that no longer serve you.

Step 5

Relearn resilience.

Step 6

Visit one another's classrooms and look for opportunities to learn from others.

Step 7

Set a goal of having one *curiosity coffee chat* each month, virtually or in person, with someone you haven't met. (This might be someone in a different department, grade level, or school, or someone in a vastly different profession who can help you view your classroom through a new lens.)

Step 8

Make learning a team activity.

PROCESS Step 9

(cont.) Try a weekly or monthly skills swap, when educators share a skill they are happy to help others learn.

Step 10

Practice mindfulness.

Step 11

Maintain a *to-learn list* and dedicate time to your personal growth.

Step 12

Make learning part of your daily practice and teach your students the habit.

Reference

Tupper, H., & Ellis, S. (2021). Make learning a part of your daily routine. Harvard Business Review. Accessed at hbr.org /2021/11/make-learning-a-part-of-your-daily-routine on May 9, 2022.