

Reflect and Journal

Now that you have reached the end of this book, take some time to reflect on everything you've learned about becoming a No-Nonsense Nurturer and how you can implement some of the strategies and tools in your classroom.

Part 1

What type of teacher will you choose to be every day? Take thirty minutes and reflect on the type of teacher you want to be. How will you set up your students for success? How will you build meaningful relationships with each of them, especially the ones you find most challenging? How will you ensure you are satisfied with your career choice? What do you want students to say about you when they reflect back on school ten years from now?

Part 2

This is one of my favorite (slightly altered) quotes by Johann Wolfgang von Goethe (n.d.). How can you use this quote to inspire yourself in your journey as a No-Nonsense Nurturer?

I have come to a frightening conclusion. I am the decisive element in the classroom. It is my personal approach that creates the climate. It is my daily mood that makes the weather. As a teacher, I possess tremendous power to make a child's life miserable or joyous. I can be a tool of torture or an instrument of inspiration. I can humiliate or humor, hurt or heal. In all situations, it is my response that decides whether a crisis will be escalated or de-escalated, and a person is humanized or de-humanized.

Source: Von Goethe, J. W., n.d.