

Understanding Problem Behavior: Checklists and Action Steps

What makes school meaningful for this specific student?

- Learning about topics of personal importance
- Learning about topics of importance to the student's family
- Learning about topics of importance in the world
- Learning about him- or herself, identity, and place in the world
- Using his or her creativity
- Exploring, experimenting, and asking questions
- Building relationships with peers
- Building relationships with teachers
- Developing skills that help in other classes or outside school
- Developing the skills of a responsible adult
- Developing the skills to get into a good college, career, or both
- Developing the skills to make positive change in the world
- Seeing new perspectives and develop empathy
- Belonging to a community
- Showing leadership
- Doing challenging work
- Other:

What is this student doing that's a problem in terms of his or her own values?

- Dealing with irrelevant matters during class
- Using electronic devices inappropriately
- Calling out
- Chatting with peers
- Teasing or attacking classmates
- Disrespectfully arguing with the teacher
- Refusing to do academic tasks
- Leaving the classroom
- Clowning
- Constantly demanding help
- Lying
- Other:

What does the student gain from behaving in these problematic ways?

- Tangible things
- Sensory stimulation
- Peer attention
- Adult attention
- Escape
- Other:

What behaviors could this student try in order to move toward a more meaningful experience at school?

What conditions might support these more values-consistent behaviors?

What conditions tend to trigger the problematic behaviors?

Action steps:

What?	Who?	When?