

## For Parents and Guardians: Asking Questions About Values

At school, the students have been working to connect their assignments and interactions to their values. Some of you have expressed interest in continuing this work at home. Attached is a list of common values, which we are defining as *qualities of action that make life meaningful*. Ask your child to choose one that feels particularly important. Then ask one of the following questions, filling in the blank with the value. You might even try doing this yourself, with the same value your child chose or with a different one.

- When did you act \_\_\_\_\_ today?
- When can you act \_\_\_\_\_ tomorrow?
- When is it hard to act \_\_\_\_\_?
- When you have trouble acting \_\_\_\_\_, what do you do?
- If you could, how would you create an opportunity to live more \_\_\_\_\_ at school?
- Who can help you create an opportunity to live more \_\_\_\_\_ at school?
- How can I help you live more \_\_\_\_\_?
- How could learning about [a topic] help you live \_\_\_\_\_?
- How could practicing [a skill] help you live \_\_\_\_\_?
- How could reading [a book] help you live \_\_\_\_\_?
- How could going to [a place] help you live \_\_\_\_\_?
- How could doing [an extracurricular activity] help you live \_\_\_\_\_?
- Who is one of your classmates who supports you when you try to act \_\_\_\_\_?
- Who is one of your classmates who pushes you to act \_\_\_\_\_?
- Who is one of your classmates who inspires you to act \_\_\_\_\_ by setting an example?
- How can you support other people who act \_\_\_\_\_?
- How can you push other people to act more \_\_\_\_\_?
- How can you inspire other people to act \_\_\_\_\_ by setting an example?