

Reflecting on Authentic Leadership

Think about a leader in your life who seemed authentic to you, who didn't try to be someone they weren't, and whose actions aligned with their words.

- How could you tell they were authentic?
- How did you feel when you were with them?
- On a scale of one to ten, with one being the lowest level of motivation and ten being the highest, how motivated were you to follow them? Explain your scale number.

Now, think about a leader in your life who did not seem authentic.

- In what ways could you tell they were not authentic?
- How did you feel when you were with them?
- On a scale of one to ten, how motivated were you to follow them? Explain your scale number.