

Reflecting on Conflict

Think back to a time in your life when you had a boss, teacher, or coach who managed conflict with you well. Did that influence how you felt about them and how you responded when they asked you to do something?

Now think about a boss, teacher, or coach who did not manage conflict with you well. Did that influence how you felt about them and how you responded when they asked you to do something?

- Did you feel respected? Did you respect them?
- Did you trust them? How did that impact your relationship with them?

Now think about yourself as a teacher. Reflect on your current approaches to managing student conflict. How might students feel about those interactions and their relationships with you? How might that influence how they respond to you and how they engage in your class?

Digging in deeper, reflect on a recent interaction with a student. You can choose an interaction that either had a positive or negative outcome. Be specific about what happened.

- What did you say?
- What did they say?
- How did each of you navigate any emotions that came up?

- What did you say or do that eased or generated more conflict?
- How did you feel after the interaction?
- How do you think the student felt after the interaction?
- What did you learn from the experience that you did or could apply to future student interactions?