

Reflecting on Your Experience as an Adolescent

Remember when you were in middle and high school.

- What did you care about? What motivated you?
- How did you show up in school? What were your fears? What were your hopes? What did you think about? How did you feel?
- How well did you do in school? What affected that?

- What did you think about your teachers?

- What did your teachers think about you? Was their impression accurate?