

Remembering Middle School and High School

Remember back to your years in middle school and high school.

- What mattered most to you?
- What did you think of your teachers?
- What do you think your teachers thought about you? Was their impression accurate?

- Did you feel like the adults in your life understood you?
- Was there an adult in your life that respected you? How was that relationship different from the ones you had with other adults in your life?
- Did you respect all of your teachers?
- Did you feel respected by your teachers? How did that impact your level of engagement in their classes?