

Figure 1.2: Personal and Professional Priorities Tool

Personal

In my personal life, I am happiest when I:

In my personal life, I have the greatest impact when I:

How many times each week do I fully engage in this?

What is in the way of me fully engaging in this?

Professional

In my professional life, I am happiest when I:

In my professional life, I have the greatest impact when I:

How many times each week do I fully engage in this?

What is in the way of me fully engaging in this?