

Teacher Executive Function Skills Reflection

Use the following reflection to measure a student's current levels of performance in each skill area. Date your reflections so you can compare them with future skill development. Any occurrences of 1s or 2s that emerge as patterns can become areas of coaching or direct executive function instruction.

Name:				
Date:				
Skills at School	Not Yet (1)	Just Starting (2)	Mostly on My Own (3)	Totally on My Own (4)
Email teachers on their own				
Know <i>when</i> to ask for help				
Know <i>how</i> to ask for help				
Manage their belongings				
Manage homework time				
Use a calendar (digital or physical)				
Create a to-do list				
Solve friend conflicts				
Work in a group				
Take notes				
Pay attention in class 80 percent or more of the time				
Study effectively				
Write an essay				
Skills at School	Not Yet (1)	Just Starting (2)	Mostly on My Own (3)	Totally on My Own (4)
Read 60 to 100 pages a week				
Get to school and classes on time				
Add Your Own				
Add Your Own				
Add Your Own				