

## Implement Structured Reflective Protocols

Intentional reflection strengthens leadership by helping you identify patterns, clarify values, and improve decision making. It's important to design a consistent reflection routine and integrate it into your leadership practice. Consider the reflection questions and use the following table to plan how to share insights with your team.

- What leadership decisions this week had the greatest impact?
- Did you act in alignment with your core values and long-term goals?
- What feedback (formal or informal) did you receive or notice?
- How can you apply what you've learned to future decisions?

Leadership Decision or Event	Key Insight or Lesson Learned	Reflection Tool Used (Such as Journal, Rubric)	Insight Shared With Team (Yes, No; How, When)