

# My Learning DNA Inventory

## My Learning DNA (Desires, Needs, Assets) Inventory

**Directions:** This learning DNA inventory will help you and your teacher get to know your learning preferences. Please complete it to the best of your ability, then share it with your teacher. Hold on to it throughout the school year, adding, modifying, or deleting entries as you encounter new learning opportunities.

### My Desires:

My future goals and aspirations are \_\_\_\_\_.

My favorite activities and hobbies are \_\_\_\_\_.

My favorite topics are \_\_\_\_\_.

My favorite space to learn is \_\_\_\_\_ because \_\_\_\_\_.

### My Needs:

I would like to continue to grow in my understanding of or ability to \_\_\_\_\_.

One thing that challenges me is \_\_\_\_\_.

I get stressed when \_\_\_\_\_.

When I am stressed, I need to \_\_\_\_\_.

When I am studying, I like it to be some place \_\_\_\_\_.

### My Assets:

I am interested in learning \_\_\_\_\_.

I am interested in doing \_\_\_\_\_.

My talents and personal gifts are \_\_\_\_\_.

One thing I have learned about myself is \_\_\_\_\_.

I know if I am to be a successful learner, I have to \_\_\_\_\_.

Strategies I use to help me be successful when I need to study are \_\_\_\_\_.

Strategies I use to help me be successful when I am confused are \_\_\_\_\_.

# REPRODUCIBLE

<b>Volume</b>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Quiet</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div>Loud</div> </div>
<b>Light</b>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Dim</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div>Bright</div> </div>
<b>Social Interactions</b>	<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Private</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div>Public</div> </div> <div> <div>Just me alone in a room (in a coffee shop, for example)</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div>A room full of people</div> </div>