Self-assessment for Promoting Growth in the Classroom

Practice	Never	Sometimes	Always
Share learning goals with students so that they are able to monitor their own progress toward them.			
Promote the belief that ability is incremental rather than fixed. When students think they can't get smarter, they are likely to devote their energy to avoiding failure.			
Make it more difficult for students to compare their achievement with others.			
Provide feedback that contains a recipe for future action rather than a review of past failures (a medical exam rather than a postmortem).			
Use every opportunity to transfer executive control of the learning from the teacher to the students to support their development as autonomous learners.			