

## Assess Your Approach to Maintenance and Engagement

<p>Do you consider how students' emotional states affect their learning? (Circle one.)</p>	<p>Recognizing students' emotions is critical to teaching.</p>	<p>I care about my students, but I can't possibly monitor the emotions of every student.</p>	<p>I am a teacher, not a psychologist.</p>
<p>Describe what you know about how brain chemistry affects students' ability to engage with the content you teach.</p>			
<p>How do you approach students who seem disinterested in learning? (Circle one.)</p>	<p>I use strategies to re-engage them.</p>	<p>I criticize or chastise them.</p>	<p>I ignore them. I'm focused on students who are engaged.</p>
<p>Describe the strategies you use to engage students and hold their attention. If you notice their attention waning, what do you do to give them a quick jolt to bring back their focus?</p>			
<p>How do you approach stress levels for students in your classroom? (Circle one.)</p>	<p>I try to limit stress as much as possible.</p>	<p>I don't want students over-stressed, but they should feel a little pressure.</p>	<p>Students need to be responsible for learning to manage their own stress.</p>
<p>Write down what you know about stress and how it affects student behavior. Do you consider stress something that inhibits student performance or a strong motivator?</p>			