

## Your Gutsy Goals

<b>Process goal:</b>	
Is this goal specific and strategic?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal measurable?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal amazing?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal relevant?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal time bound?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Describe whether your process goal is SMART. If it isn't, how can you make it SMART?	
<b>Relational goal:</b>	
Is this goal specific and strategic?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal measurable?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal amazing?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal relevant?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal time bound?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Describe whether your relational goal is SMART. If it isn't, how can you make it SMART?	
<b>Result goal:</b>	
Is this goal specific and strategic?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal measurable?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal amazing?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal relevant?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is this goal time bound?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Describe whether your result goal is SMART. If it isn't, how can you make it SMART?	