

Assess Your Understanding of How Poverty Affects Students

1. How often do you feel helpless to positively impact learning and outcomes for your students from poverty? Why do you think you can't have a positive impact? What experiences have you had with students that made you feel more positive and successful about your work?

2. How do you think poverty affects students' ability to feel positive about their lives? How might poverty impact students' ability to believe in their own academic success?

3. What do you think about when you feel positive and hopeful about your work and your students? What steps do you take to encourage positivity and hope from your students and yourself?

4. What activities do you engage in with students to foster positive attitudes in yourself and your students? What do you do to encourage students to take responsibility for themselves and self-regulate their emotions?

5. If you or your students feel constantly negative, what do you think you could do to change this emotional set point so that it evolves into a more positive outlook?
