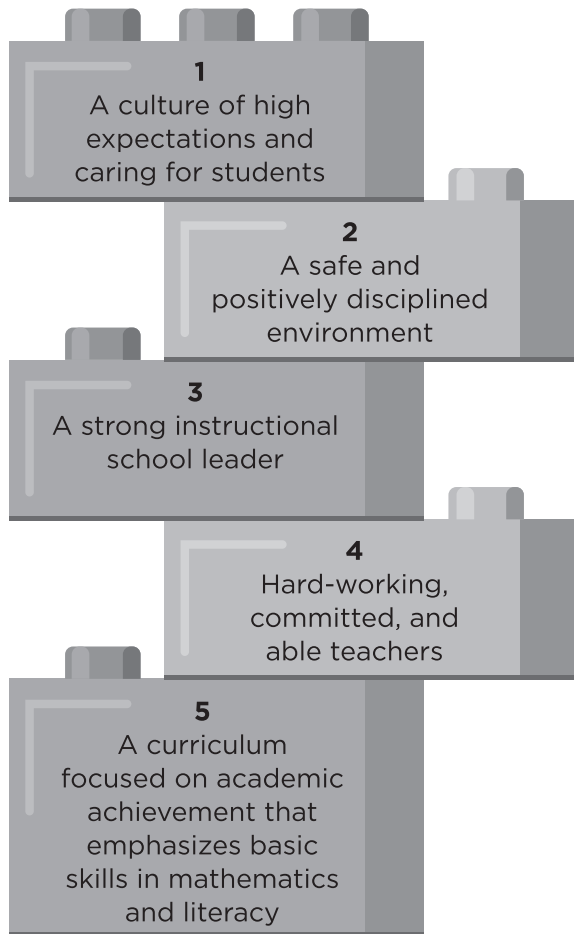


Learn to Manage the Noise

Five Major Building Blocks



Five Core Practices

