

## Quick Consolidation: Persist With Grit

Every one of the strategies in this chapter can help boost your students' grit, but if you start by using three, four, or more of these, your class grit will rise like a hot-air balloon. Yes, grit is important, you can build it, and it's free and fairly easy to do it. With this firmly in mind, answer the following reflection questions on how you will approach building up grit in your class.

1. What do you know and understand about grit and its importance to learning that you didn't know when you started this chapter?
2. What new ideas did the strategies in this chapter instill in you to build your own strategies for fostering grit in your students?
3. When students show a lack of grit, how will you change your approach in the future from what you have done in the past?
4. When you feel your own grit level dropping, what will you do to restore it and better support your students?
5. When you see your students showing grit in their coursework or achievement outlook, how will you recognize and support it?