

Quick Consolidation: Set Gutsy Goals

Many students get discouraged when you try to put them on the path to gutsy goals. Some will interpret the roadblocks they encounter as a lack of ability. This is why you must continually build the growth mindset. If they struggle, help them uncover the false assumptions or strategies that undercut their belief in their own ability to improve. Help them grow. Higher learning requires not only the achievement mindset but also the emotional safety for a relentless intellectual curiosity. Assume the best of your students, and pursue the gutsy goals with a high expectation for mastery. With this firmly in mind, answer the following reflection questions as you consider your next steps.

1. What did you learn about the importance of setting gutsy goals that you didn't know when you started this chapter? Why are they so important?
2. What distinguishes an ordinary goal from one that demands mastery?
3. How will you help students believe in their own ability to master the content you teach?
4. What is the role of micro goals in the mastery process? How can you set and celebrate micro goals to keep students on the path to mastery?
5. When students struggle and grow frustrated with the standards you've set, what will be your strategies for helping them break through these blocks?