

Quick Consolidation: Support Alternative Solutions

Use the arts and physical activity every day to enrich every student and move him or her toward graduation. Remember, graduation is not an accident; it is a hard, long-term process that takes its toll on students. When you provide the tools, hope, and relationships and go above and beyond, the students will feel it. They will feel that graduation is indeed that important. Once they are on board, success belongs to everybody. With this firmly in mind, answer the following reflection questions on ways you can use the arts and physical activity to bring out the graduation mindset in your students.

1. What did you learn about the connections between the arts and activity, and their connection to graduation rates, that you didn't know when you started this chapter?
2. What are some strategies from this chapter you can use to increase your use of music or drama in your teaching practices?
3. What are some strategies from this chapter you can use to increase your students' exposure to physical activity in your classroom?
4. With this new learning in mind, what other alternative practices can you come up with or refine that you believe might help your students adopt a graduation mindset?
5. In what ways could you take a whole-school approach to improving connections to physical activity and the arts for all students?