

Action Plan for Determining Purpose

What are my plans for determining the purpose in my life?		
Recommendations	Presently Doing	Strive to Do
Answer Leipzig's (2013) five questions to help find my initial purpose. <ol style="list-style-type: none"> 1. Who are you? What is your name? 2. What do you love to do? What is the one thing you do where you feel supremely qualified to teach others? 3. Whom do you do it for? How does your work connect to others? 4. What do those people want or need from you? 5. How do they change as a result of what you do? 		
Select additional tips for determining my purpose.		
Write a personal mission statement.		
Set SMART life goals.		
Determine the purpose of my lesson prior to planning it.		
Communicate the purpose of each lesson to students.		
Assess student learning to determine if the purpose has been achieved.		
Goals and Notes:		

Source for five questions: Leipzig, A. (2013, February 1). How to know your life purpose in 5 minutes [Video file]. Accessed at www.youtube.com/watch?v=vVsXO9brK7M on October 7, 2021.