

## Action Plan for Playing Games

What are my plans for incorporating more games into my life?		
Recommendations	Presently Doing	Strive to Do
Experience the joy of playing with children.		
Participate in active games on a consistent basis.		
Host a game night with friends and relatives.		
Attend sporting events.		
Play with a pet.		
Take up video gaming.		
Play word games that increase vocabulary.		
Put puzzles together.		
Incorporate games like ball toss and BINGO into instruction to motivate students.		
<b>Goals and Notes:</b>		