COLLABORATE: REFLECTION LOG

This tool supports you as you develop the collaboration skills that will help you work positively and productively with your team toward a shared goal.

- Log an entry each time you get stuck, feel your movement slowing or stopping, or don't meet your goals. Your teacher may offer observations about times when this has happened.

- When logging resistance level, 1 = no resistance (there was nothing in the way of me reaching my goals) and 5 = complete resistance (reaching my goals felt impossible).

- When logging self-assessment, SD = strongly disagree; D = disagree; N = neither agree nor disagree;
A = agree; SA = strongly agree.

- If you don't feel ready to log an entry in the moment you are feeling stuck, slow, or stopped, log it later. It is good practice to return to a hard time once it has passed and reflect on what happened. This process is meant to support your growth while also reminding you to celebrate yourself.

- As you complete this log, use and revise your strategy bank to ensure it accurately reflects your current struggles and the strategies that allow you to leverage your strengths and move through those struggles.

Collaborate (v.)—to work together toward a shared goal

Name: _____ **Accountability Partner:** _____

Date	Collective Goal	Individual Goal	Resistance Level *(1–5)*	Strategies *(Consider strengths you can leverage.)*	Self-Assessment *(Explain your assessment.)*
5/13	Identify beauty norms in the community that the library serves	Advocate for a meeting	4 I get embarrassed to talk to adults.	I used my human resources. I asked if I could go to library, then I talked with librarian, then I contacted community liaison! I also used the Gale databases the librarian suggested.	Ms. Pecoraro read my email and told me to email the liaison Mr. Diaz since I don't know him, and she read my message for clarity. I hate asking questions. I feel so nervous. But I talked to the teacher and the librarian, and I emailed a total stranger! I feel really proud actually.