

COMMUNICATE: SELF-ASSESSMENT

Mark the score that most closely aligns to how well you believe you can currently meet each leadership learning objective.

I know I am a leader because I can . . .

MOTIVATE

Reflect and set communication goals.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree

PERSEVERE

Experiment with strategies to move through resistance to progress toward my communication goals.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree

COMMUNICATE

Authentically and adaptively exchange feedback that supports progress toward my communication goals.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree

Based on your reflections about communication so far, either individually or in your teams, identify the skills leaders demonstrate when they communicate to meet the standards listed previously. Consider the communication forms of discussions, delivering and listening to presentations, and giving and receiving feedback.

	Expressive Communication	Receptive Communication
Verbal Communication	What verbal skills do leaders demonstrate when expressing themselves?	What verbal skills do leaders demonstrate when listening to others?
Nonverbal Communication	What nonverbal skills do leaders demonstrate when expressing themselves?	What nonverbal skills do leaders demonstrate when listening to others?