

MOTIVATE: CULMINATING PERFORMANCE TASK

Write a positive story about your motivation to work toward the goals of this course. Telling positive stories about ourselves not only promotes our own success and well-being, but it also demonstrates leadership in the classroom by inspiring others.

To do this, reflect on the data you have collected about yourself using the “Motivate: Reflection Log” or “Motivate: Reflection Bookmark” as well as your responses on “Identity Exercise” and during the “Experiences Reflection.” Use examples from the data as evidence to support your claims throughout.

When you are finished, you will share your story with your peers. You will also listen to their motivation stories and reflect on how you can be inspired by their stories.

Topic: What motivates you to work hard in this class?

- **Strengths:** Describe what you have learned about what is important to you, including your positive emotions, group memberships, beliefs, values, interests, experiences, and strengths. Connect how working hard in this class will support you in doing what is important to you.
- **Heart Goal:** Describe your goal for what you hope to achieve this year by staying motivated. This goal should describe an optimistic vision for what your leadership can achieve.
- Share your story with the members of your team.

As you listen to other team members' responses, consider what inspires you about each teammate's motivation. Record notes for yourself in the following space about what beliefs or ideas you might incorporate into your own leadership practice.

After each team member finishes sharing, respond with, "Thank you for sharing." Please do not offer additional feedback or ask questions unless the speaker requests you do so.