

## PRE-COLLABORATION SHARING

Individually reflect on the following questions. Write your responses and be prepared to share them with the team.

- **Motivate:** How do you feel about group work? What elements of identity inform your feelings? What goal do you have as a collaborator? What motivates you to achieve this goal?
- **Persevere:** What tends to get in the way for you in having a positive group work experience? What do you need to do to stay regulated? What do you need from others?
- **Communicate:** How do you usually communicate in a team setting? How well do you do with sharing and receiving feedback?
- **Collaborate:** How well do your teams typically collaborate? Does each person usually have a clear role and meet their responsibilities? What do you do when that is not true?

Based on what each team member shares, complete the following table to capture notes. The team should work to leverage each team member's strengths and support them to utilize strategies to overcome their struggles.

What We Bring With Us Individually				
TEAMMATE	STRENGTHS	STRUGGLES	STRATEGIES	SUPPORT