

TABLE 3.1: UNIT OVERVIEWS

Unit Title, Duration, and Leadership Competency	Leadership Practices <i>Leaders . . .</i>	Leadership Conditions <i>Leaders need . . .</i>
Launch unit (weeks one and two) Competencies: Motivate, persevere, communicate, and collaborate	<ul style="list-style-type: none"> · Reflect and set goals · Experiment with strategies · Exchange feedback · Advocate for self and others 	<ul style="list-style-type: none"> · Motivating work · Leadership opportunities · Safety to take risks · Belief in self and others
Motivate unit (months one and two) Competency: Motivate	Reflect and set goals	Motivating work
Persevere unit (months three and four) Competency: Persevere	Experiment with strategies	Leadership opportunities
Communicate unit (months five and six) Competency: Communicate	Exchange feedback	Safety to take risks
Collaborate unit (months seven, eight, and nine) Competency: Collaborate	Advocate for self and others	Belief in self and others