

Critical Action 4: Setting Goals and Creating Action Plans Information-Gathering Sheet

The fourth critical action necessary for bringing your vision for improved educator wellness into focus is setting goals and creating action plans. Use this reproducible to set goals and plan actions. Through these actions you will ensure that what gets planned and measured gets done.

Wellness team member names or school or district positions:

Interview Staff

Names of staff interviewed:

Interview prompts:

- The school or district wellness team will be developing a strategic plan focused on improved educator wellness. What are your recommended outcomes for that strategic plan?
- What educator wellness goals should the team consider?
- What strategies might help our school or district achieve the intended outcomes you described or help the school or district achieve other wellness benefits?
- Would you be interested in working closely with the design and implementation of the strategic wellness initiative?

Gather Evidence

Gather additional evidence related to setting goals and planning actions, such as copies of school-improvement or district-improvement plans; agendas; HR documents; wellness policies; data reflecting use of sick days, worker's compensation, or other lost work time; or other important artifacts.

Rate Level of Need

Recommended rating (circle one): 1 2 3

Additional notes about this rating:
