

Figure 6.1: Reflection Questions for Progress Monitoring

Reflection Questions (For Each Wellness Goal)	Wellness Team Response
What progress are we monitoring?	
How will we monitor progress?	
Who will monitor progress?	
Is this a short- or long-term goal?	
Is professional learning impacting educator performance?	

Reflection Questions (For Each Wellness Goal)	Wellness Team Response
Are the resources ready and available for educators to meet the goal?	
Who will create the reports?	
How will the results or reports be shared?	
Who will evaluate the results?	
How will the next steps be determined?	