

Figure 6.3: Leadership Reflection Questions

Approach school with a positive attitude each day.

- How do you intentionally set a positive tone for your school or district each day?
- In what ways does your attitude impact the morale of your staff and students?
- How do you reset or refocus when faced with challenges that threaten your positivity?

Reflect each day on the events of that day that led to stress for teachers and staff—or for you.

- What specific stressors have you observed among your staff, and how have you addressed them?
- How do you reflect on your own role in alleviating or contributing to stress within the school?
- What actions can you take to reduce recurring stressors for both yourself and your team?

Develop a culture where conflict is not feared but embraced as a tool from which to learn.

- How do you respond to conflict within your team or school?
- What strategies have you used to turn conflicts into opportunities for growth and learning?
- In what ways have you encouraged open dialogue about challenges or disagreements?

Instead of micromanaging your staff, empower and lift them up.

- How do you delegate responsibilities in a way that empowers your team members?
- In what ways do you recognize and celebrate the accomplishments of your staff?
- What steps can you take to build greater trust and autonomy within your team?

Listen to your staff.

- How do you create opportunities for staff to share their thoughts, concerns, and ideas?
- In what ways do you demonstrate that you value and act on the feedback you receive?
- How do you ensure all voices, including those who may hesitate to speak up, are heard?

Take care of yourself.

- How do you prioritize your own well-being as a leader?
- In what ways do you model healthy self-care habits for your team?
- How do you create boundaries that allow you to recharge while still meeting the demands of your role?