



Lesson study is the ultimate *reflect, refine, and act* teacher-learning process. However, you must still consider the time demands of lesson study. The first time a team comes together to co-plan a lesson, it will likely take more time to get every team member's perspective into one lesson. Encourage the team to work on the lesson for two to four weeks *prior* to the scheduled day of observing the lesson in action. Subsequent lesson studies generally do not require as much planning time. The time-expectations tool provides an example of the approximate time commitment your team will need for each element of a lesson study.

Each team member can complete the lesson-study reflection activity at the end of the debrief session, after the lesson-study observation activity. Once completed, share your learning about the lesson and brainstorm ideas about next steps for teaching the lesson again.

As you work with your team members toward making instruction more transparent, instructional rounds and lesson studies become two formal (yet valuable) protocols for fine-tuning various aspects of your instruction.