

## Personal View of You Questions

Directions: Answer the following questions about your personality, interests, and school habits.

### Personality questions: What makes you tick?

1. What makes you happy? Why?
2. What makes you sad? Why?
3. What makes you angry? Why?
4. What is important to you? Why?
5. What is not important in your life? Why?
6. When do others make you happy? Why?
7. When do others make you angry? Why?
8. What are things you don't like? Why?
9. What are your favorite things to do? Why?
10. When are you most content? Why?
11. Who do you respect? Why?
12. Who is your role model? Why?
13. Who do you want to be like? Why?
14. When are you comfortable? Why?
15. If you had a dream, what would you wish for? Why do you want that?
16. If you could change one thing, what would you change? Why?
17. How would you change it?

### Interest questions: What floats your boat?

1. What is your favorite thing to do? Why?
2. If you could be anywhere, where would you be? Why?
3. What do you do during your spare time? Why?
4. Who do you like to be with?
5. Who do you see as a role model?
6. Who can you talk to?
7. Who do you turn to in times of trouble?
8. Who helps you the most? How?
9. Who is your best friend(s)? Why do you like to be with him or her?
10. What do you like to do after school?
11. When are you the happiest?
12. When are you angriest?

13. Who are your heroes or people you look up to? Why?
14. What is your favorite thing to do at home?
15. What do you do on the weekends?
7. Do you concentrate best when it is noisy or quiet?
8. Who or what helps you learn the most?
9. What gets in the way of your learning?

**School, learning, and study habits  
questions: What builds your brain?**

1. When are you happy at school or your job? Why?
2. When are you sad at school or your job? Why?
3. What is your favorite part of the academic day? Why?
4. Which class is the most difficult for you? Why?
5. Who is your best support at school or at work? Why?
6. What motivates you to want to be here? Why?
10. Where is your favorite spot to study?
11. Do you have access to a computer at home? If not, where do you use a computer?
12. How do you feel about school? Why?
13. What do you want to be?
14. What would you rather be doing?
15. How do you feel about \_\_\_\_\_? Why?
16. What is your biggest fear in school?
17. What is your biggest hope in school?