

Three-Step Protocol for Motivating Students

This template is designed to help you follow the three-step intentional planning process for increasing motivation and engagement: (1) describe the behaviors and attitudes that lead you to believe the student is unmotivated, (2) determine the contributing factors or root causes, and (3) plan and employ strategies to intentionally address those factors.

Student Name: _____

Step 1. Describe the behaviors and attitudes that lead you to believe the student is unmotivated. Check boxes that describe your general impressions, then detail what the student looks like, sounds like, acts like, and feels like.

- | | | |
|----------------------------------|---|--------------------------------------|
| <input type="radio"/> lazy | <input type="radio"/> defiant | <input type="radio"/> underachieving |
| <input type="radio"/> bored | <input type="radio"/> disrespectful | <input type="radio"/> daydreaming |
| <input type="radio"/> confused | <input type="radio"/> afraid of failure | <input type="radio"/> other _____ |
| <input type="radio"/> giving up | <input type="radio"/> angry | |
| <input type="radio"/> frustrated | <input type="radio"/> goofing off | |

| Looks Like | Sounds Like | Acts Like | Feels Like |
|------------|-------------|-----------|------------|
| | | | |

How often does the disengaged behavior happen? Weekly, daily, hourly?

When does it occur?

What seems to trigger it?

When does it spread and escalate? What seems to escalate the behavior?

When does it slow down and de-escalate? What contributes to the de-escalation?

Step 2. Determine the contributing factors or root causes.

| Possible Factors Influencing Behavior | Evidence |
|--|----------|
| | |

What other questions do you have about the root causes of the behavior?

What other evidence could you collect?

Who might have insight into the student's situation (the student, other teachers, parents, peers)?

Step 3. Plan and employ strategies to intentionally deal with the factors that are contributing to the behavior.

Describe your strategy:

Who's involved? What will each person do?

What materials or resources do you need?

When will you check in to see how it's going?
