

## Quotes on Courage

“Man cannot discover new oceans unless he has the courage to lose sight of the shore.” —Lord Chesterfield

“Courage is about doing what you’re afraid to do. There can be no courage unless you’re scared. Have the courage to act instead of react.” —Oliver Wendell Holmes

“This world demands the qualities of youth; not a time of life but a state of mind, a temper of the will, a quality of the imagination, a predominance of courage over timidity, of the appetite for adventure over the life of ease.” —Robert F. Kennedy

“Most of our obstacles would melt away if, instead of cowering before them, we should make up our minds to walk boldly through them.” —Orison Swett Marden

“Life shrinks or expands in proportion to one’s courage.” —Anaïs Nin

“It takes courage . . . to endure the sharp pains of self discovery rather than choose to take the dull pain of unconsciousness that would last the rest of our lives.” —Marianne Williamson

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