

Figure 3.3: SMART Goal Tracker Play Sheet

Name:	Class:
Start date of goal:	Projected end date of goal:
Goal:	
Guiding Questions	Notes
What steps have I taken toward meeting my goal?	
What data shows that I am making progress toward my goal?	
Am I on track to meet my goal by my projected end date?	
Do I need to make any adjustments to my goal?	
Do I need any additional support to help me reach my goal?	
<input type="checkbox"/> Please meet with me to discuss my goal.	