

## Figure 1.1: Example Contract for Increasing Student Commitment

1. What are you agreeing to do to be more successful at school?
  
  
  
  
  
  
  
  
  
  
2. What are three specific things you will do to make that happen?
  
  
  
  
  
  
  
  
  
  
3. What obstacles or difficulties could keep you from making your plan a success?
  
  
  
  
  
  
  
  
  
  
4. What are some ways you can stay away from these obstacles or overcome them if they occur?
  
  
  
  
  
  
  
  
  
  
5. How can I or other people at school help you be successful with your plan?
  
  
  
  
  
  
  
  
  
  
6. What are some fair consequences that you should face if your plan does not work?
  
  
  
  
  
  
  
  
  
  

Student Signature \_\_\_\_\_

Teacher Signature \_\_\_\_\_