

## Figure 1.1: Appreciative Inquiry–Based Prompts

**Directions:** Explore the phases together. Remember to consider integrating phases for *empathize* (understanding people’s lived experiences in the community) and *define* (getting clear on what was shared in the empathize interviews).

**Empathize:** Do we know how people feel about these challenges? Who can we interview? What should we ask? What challenges, assets, and needs do we see in the community?

**Define:** How can we define the opportunity or challenge using the insights from the Empathize phase?

**Inquire:** What successes do you already experience as a community?

**Imagine:** What do you want to create?

**Innovate:** What steps do we need to take to put our results from the Imagine phase into action? What can we leverage?

**Implement:** What do we need to monitor? What do we need to continue to model?

*Source for phrases: Adapted from Cooperrider, D. L. (1986). Appreciative inquiry: Toward a methodology for understanding and enhancing organizational innovation [Doctoral dissertation, Case Western Reserve University]. Case Western Reserve University ProQuest Dissertations & Theses. Accessed at [www.proquest.com/openview/b3ea224c6add08e0400088f67d8f9f40/1?pq-origsite=scholar&cbl=18750&diss=y](http://www.proquest.com/openview/b3ea224c6add08e0400088f67d8f9f40/1?pq-origsite=scholar&cbl=18750&diss=y) on December 7, 2025.*