

Aligning the Essential Skills Worksheet

With your collaborative team, begin to identify and intentionally align essential social-emotional or wellness-related skills with your curriculum or learning experiences and determine team action steps.

	Category	Action Steps
Identify the emotional skill.	Skill name:	
	Description:	
	Importance in the context of the course:	
Determine where the skill aligns with the curriculum content.	Content area:	
	Learning objectives:	
	Possible formative and summative assessments:	