

Assessment-Planning Template

With your team, create a common formative assessment that includes the evaluation of a wellness skill.

Assessment Title: _____

Wellness Skill Being Assessed: _____

Component of Assessment Planning	Action Steps
Preparation: Explore the concepts of formative assessments.	
Incubation: Brainstorm and explore how to effectively design and implement formative assessments.	
Insight: Gain insights into effectively using formative assessments for students (data-driven conversations).	
Evaluation: Evaluate the effectiveness of formative assessments.	
Elaboration: Do in-depth reflection and collaborative team research focused on formative assessments.	