

Diving In: Analyze and Reflect

Use the following checklist as a guide to effectively analyzing and reflecting on results when engaging with the Student Wellness Framework.

- ☐ Reflect on how administrators and teachers define student success, and consider broadening this definition to include the process of learning, not just the final outcomes.
- ☐ Have teams examine student results and survey feedback utilizing the reproducible “Wellness Protocol Working Template” (page 108).
- ☐ Encourage teams to develop and use a student self-reflection form focused on wellness skills based on the reproducible “Student Self-Assessment and Goal-Setting Worksheet for Communication Skills” (page 109).
- ☐ Explore ways in which teams can incorporate student check-ins into their course calendars to discuss academic, social, and emotional reflections.