

Figure 2.4: Student Reflection Form

Self-Awareness: The capacity to recognize and evaluate one's abilities and areas for growth, while maintaining a strong sense of self-assurance, positivity, and a commitment to continuous learning

Check all that apply.

- ☐ I accurately evaluate my abilities on class formatives by using the provided scale, and I take the necessary steps to improve in each area for every unit assessment.
- ☐ I prepare for each unit exam in the way that I need to in order to be successful. (Checking this box indicates that I believe I earned the grades I aim for and I do not need to remediate them.)
- ☐ I accurately understand what is expected of me in each standard to meet or exceed expectations in this class.

If I am not able to check the preceding three boxes, what is my action plan for my next assessment?

Self-Management: The ability to set and work toward personal and academic goals

Check all that apply.

- ☐ I diligently work to understand each unit's standards by following along and participating in class demonstrations and activities. (Checking this box indicates that I come to class with my work completed when it's due.)
- ☐ I volunteer to be a participant in class activities and class discussions.

If I am not able to check the preceding two boxes, what goal can I set for myself during the next unit?

Social Awareness: The capacity to understand and share the feelings of others, while appreciating different perspectives and valuing diverse cultural backgrounds

Relationship Skills: The skills to express oneself effectively, actively listen, collaborate with others, navigate social influences wisely, and both seek and provide support when necessary

Check all that apply.

- ☐ I take an active and healthy lead role in my group by offering ways to help us be more efficient and engage in successful learning.
- ☐ I may not be the leader in my group, but I am a helpful team member and seek out help when needed.
- ☐ I try to be a helpful and positive presence in class.
- ☐ I share my thoughts, questions, and experiences appropriately with the entire class without needing to be called on by the teacher.

Is there anything I would like to share about my time in the classroom?