

Responsible Decision-Making Matrix for Students

Directions: Students can use the responsible decision-making matrix to make healthy decisions between one to three choices. The choice with the highest score can be deemed the most responsible decision.

Possible Decision-Making Choices	Positive Outcomes (Add 1 point for each pro.)	Negative Outcomes (Subtract 1 point for each con.)	Total Scores
1.	To self	To self	
	To others	To others	
2.	To self	To self	
	To others	To others	
3.	To self	To self	
	To others	To others	
4.	To self	To self	
	To others	To others	
5.	To self	To self	
	To others	To others	