

## Notes and Reflections: Supporting Students With Behavioral and Attention Challenges

Take a few moments to reflect on the following questions about being a superhero paraprofessional.

1. Reflect on your own experiences with students who display challenging behaviors. How can you improve your approach to building relationships with them and identifying underlying needs?
2. What proactive strategies could you implement, and what specific examples of positive reinforcement could you use?
3. How can you create a consistent and structured environment with clear expectations for behavior?
4. What de-escalation techniques could you use if you saw a student who was upset?
5. How can you strengthen your communication and collaboration with others to better support struggling students?